

BOOST YOUR RESILIENCE POTENTIAL!

www.youngentrepreneursinscience.com

For PhDs &
Postdocs &
Master
students

Online Workshop • 06.03.2024 • 10 am – 12:30 pm DISCOVER YOUR RESILIENCE

What do you know about self-management in complex and volatile environments? Resilience is an integral part of mental health and of managing our resources as scientists and entrepreneurs. In this workshop, you will learn about useful mindsets to cope with stressful situations, and develop strategies that suit your needs. Discover how to train your inner strength by using your personal resources.

Who we are

Young Entrepreneurs in Science is an interactive workshop programme for PhDs and postdocs to help you ignite your entrepreneurial spirit! Together with your peers, you will learn methods and skills to realise your innovative potential.

Admission is free and no previous knowledge is required.

Workshop Goals

- Learn about useful mindsets to cope with stressful situations
- Practise creating room for positive perspectives
- Develop resilience strategies that suit your needs

Apply now

Register **until 04.03.2024** and find more information here:
<https://falling-walls.com/yes/workshop/discover-your-resilience-06-03-2024/apply>

Questions?

Mail us: workshops@falling-walls.com
or visit <https://youngentrepreneursinscience.com>

AN INITIATIVE OF



FALLING
WALLS
FOUNDATION

SPONSORED BY THE



Federal Ministry
of Education
and Research

IN COLLABORATION WITH:

DIE ZEIT
VERLAGSGRUPPE



IN PARTNERSHIP WITH



SUPPORTED BY



Boehringer
Ingelheim

SARTORIUS